



San Clemente High School Water Polo 2015
Team Rules / Guidelines

1. **Respect everyone involved in the program.** Yourself, coaches, teammates, opposing teams (their fans), and administration. You are a representative of San Clemente High School and its community.
2. Come to practice **on time**, prepared mentally and with all needed equipment. One minute late is considered late. **On time** means that practice starts at this time, there **will not** be time allotted for getting changed.
3. Have a positive attitude at practice, team functions and games.
4. **Notify coach in advance, if missing a practice or game.**
5. *Unexcused absence from a game will result in a suspension for one game.
6. *Unexcused absence from a practice will result in a suspension for one game.
7. Three unexcused absences will result in dismissal from the team.
8. In-season morning weights: required and will be considered part of practice time. Some Centers/goalies will be in the pool during this time.
9. Profanity is unacceptable and will not be tolerated. Consequences will vary based on severity of the offense.
10. Proper sportsmanship will be required at all times.
11. Inappropriate interaction with officials is considered unsportsmanlike and will not be tolerated.
12. All school rules apply when on school grounds and when traveling to away contests, this is a school sanctioned extracurricular activity.
**Coaches will convene to determine whether the absence is deemed excused or unexcused.*

Parent Support / Role

1. Promote **sportsmanship** at all games. Be a positive role model for SCHS athletes. Read #1 above.
2. Not all players will receive equal playing time. The players that give the team the best chance to win will be in the game. The South Coast League is a highly competitive conference, in which we expect to excel.
3. Be realistic about your son's abilities.
4. **Follow the appropriate chain of command for communicating concerns:**
 - player communicates with coach
 - player communicates with parent
 - parent communicates with coach
 - parent communicates with Athletic Director(Jon Hamro)
5. If you have a concern to discuss with the coach, please call to schedule an appointment.
 - Marc Parker
 - Don Laster

Team Goals

1. To develop players and coaches knowledge and understanding of the game.
2. To develop physical water polo skills to ensure every player reaches their potential.
3. To develop respect towards others by practicing good sportsmanship at all times.
4. To play as a team to reach **OUR** common goal.

Issues not appropriate to discuss with coaches

1. **Playing Time**-there is *always* a reason behind the amount of playing time a player is receiving.
2. Team Lineup
3. Team Strategy
4. Do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both parents and coaches. Meetings of this nature do not promote resolution. *See #5 above under Parent Support.*

Consequences for Violation of Player/Parent Contract

1. Warnings will be issued based on the severity of the offense.
2. The majority of the consequences will be dealt with in-house to help promote team unity. Coaches and team captains will convene to determine the severity of each offense.
3. Coach and Athletic Director may meet to discuss punishment for each incident/offense.
4. After the first incident, consequences will increase with every offense.
5. Dismissal from the team may be an option; based on repeated offenses and severity of offense.



2015
San Clemente High School
Water Polo Contract

↺ By signing this contract, I agree to all rules and guidelines, and accept the consequences when these guidelines are not followed.

↺ Please include your email address, this will be the quickest way of being informed of cancellations and changes in the schedule.

Player Name: _____ (Please Print)

Player Signature: _____ Date: _____

Player Cell Phone #: _____

Parent Signature: _____ Date: _____

Parent Email: _____